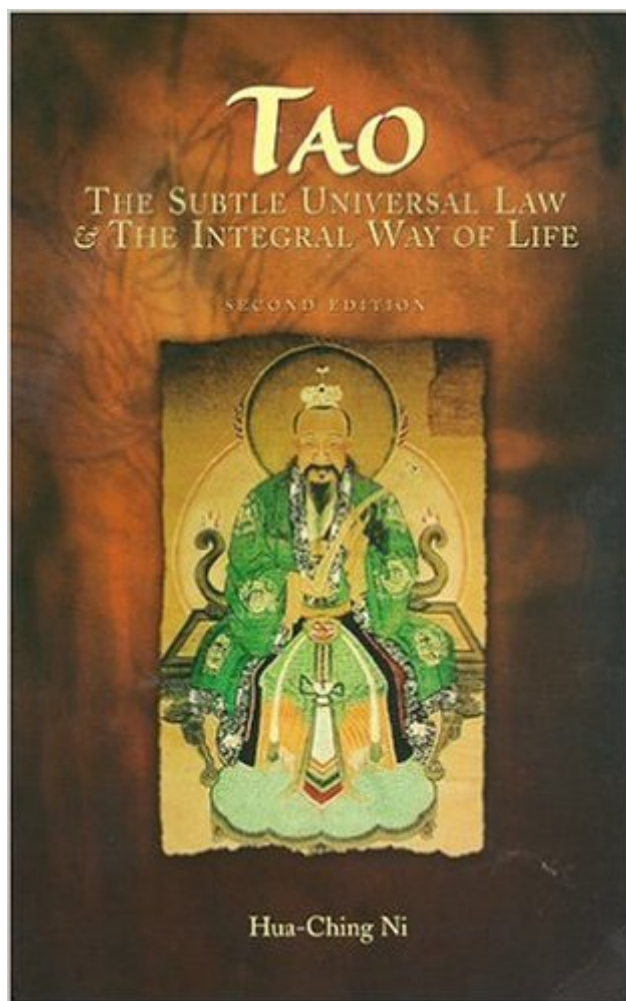


The book was found

Tao, The Subtle Universal Law And The Integra: Second Edition



Synopsis

In the modern world, people are not only separated from their environment, but also from their own bodies and minds. We can learn to integrate all these fragments and return to our original nature. In 'Tao, the Subtle Universal Law', Hua-Ching Ni carefully presents the wisdom and practical methods that the ancient Chinese have successfully used for centuries. To lead a good stable life is to be aware of the actual conjoining of the universal subtle law with every moment and event of our lives. The real meaning of taoist self-discipline is to harmonize with universal law. This is almost the total secret of a Taoist life. The value of this book lies in the fact that it not only tells us 'why' but also 'how.'

Book Information

Paperback: 170 pages

Publisher: Sevenstar Communications; 2 Sub edition (October 1, 2003)

Language: English

ISBN-10: 0937064653

ISBN-13: 978-0937064658

Product Dimensions: 5.5 x 0.6 x 8.5 inches

Shipping Weight: 15.2 ounces (View shipping rates and policies)

Average Customer Review: 3.7 out of 5 stars [See all reviews](#) (6 customer reviews)

Best Sellers Rank: #213,879 in Books (See Top 100 in Books) #105 in [Books > Health, Fitness & Dieting > Exercise & Fitness > Tai Chi & Qi Gong](#) #153 in [Books > Religion & Spirituality > Other Eastern Religions & Sacred Texts > Taoism](#) #195 in [Books > Politics & Social Sciences > Philosophy > Eastern > Taoism](#)

Customer Reviews

This book is chock full of good techniques and ideas. It's a great read for beginners for an overview of a fairly typical approach to Chinese Taoism. It's good for experts because of the nice summation of topics studied. It discusses things like the wu xing, the tai chi symbol, six healing sounds, tai chi basics, heaven earth and man, internal (energy, meditation) ideas, and much more. The simplistic writing is required due to the amount of subject material the author covers. This same simple language also makes it very easy to understand. Again, it's good for beginners because it introduces new topics, and good for advanced students as a review. Mine is a soft bound copy, with heavy pages and a semi-gloss finish on the sturdy cover. The fit and finish of the book itself is great, and the cover art is sublime. Five stars.

I found this book to be particularly detailed and informative covering subjects from diet, sleep, etc. A great addition to the collection to go with The Scholar Warrior and, of course, The Classics.

I already own this book reading it several times, outstanding. I purchased 3 additional copies to give as gifts to family.

[Download to continue reading...](#)

Tao, the Subtle Universal Law and the Integra: Second Edition Pedagóg- a Waldorf: Una EducaciÃ n que Integra el Pensar, el Sentir y el Hacer; que Revaloriza lo Moral y la Conciencia, para una Mejor Convivencia Dentro y Fuera de la Escuela (Spanish Edition) Morir en el Intento: La Peor Tragedia de Inmigrantes en la Historia de los Estados Unidos (Version Integra) Tao Te Ching: The New Translation from Tao Te Ching, The Definitive Edition (Tarcher Cornerstone Editions) Lean Marketing for Small Law Firms: 100 Free Marketing Strategies for Gen Y Lawyers: Part II: Subtle Shifts that Make a Difference The Way of the Tao, Living an Authentic Life: Lao Tzu's Tao Te Ching, A Treatise and Interpretation The Tao of Yoda: Based Upon the Tao Te Ching by Lao Tzu Historia universal / 23 / America Latina. III: De la independencia a la segunda guerra mundial (Historia Universal Siglo XXI) (Spanish Edition) El Tono Universal [The Universal Tone]: Mi Historia en la Luz [My History in the Light] Yoga of the Subtle Body: A Guide to the Physical and Energetic Anatomy of Yoga Persuasion: The Subtle Art: How to Influence People to Always Get YOUR Way and What YOU Want (Persuasion, Influence, Hypnosis, Psychology, Compliance Gaining, Human Behavior, Mind Hacks, Book 4) His Dark Materials: The Golden Compass / The Subtle Knife / The Amber Spyglass The Difficulty of Being Good: On the Subtle Art of Dharma Technology in the Law Office, Second Edition (Technology in the Law Office, Second Edition) Three essays on universal law: The laws of Karma, will, and love Tao Te Ching, 25th-Anniversary Edition (English and Mandarin Chinese Edition) Tao Te Ching. El libro sagrado del taoismo (Espiritualidad Y Pensamiento / Spirituality and Thought) (Spanish Edition) Tao te ching: El libro sagrado del TaoÃ-smo (Espiritualidad Y Pensamiento / Spirituality and Thought) (Spanish Edition) Tao - The Way - Special Edition: The Sayings of Lao Tzu, Chuang Tzu and Lieh Tzu Bruce Lee: y el Tao del Jeet KUne Do (Spanish Edition)

[Dmca](#)